

Bristol Big Sisters



Adeela ahmed Shafi
is Senior Lecturer in Education at the University of Gloucestershire and is currently completing a PhD at the University of Bristol. She stood for Parliament in the 2010 General Election.



Farzana Saker
worked in the Finance Industry in the City of London and became a Community Development Officer in Bristol. She now volunteers with the West Wiltshire Multi Faith Forum.



Dr Aziza El Harchi
is a biologist at the University of Bristol and has a particular interest in the physiology of the human heart. She is active in a transnational network between France and the UK that aims to promote the participation of Muslim citizens in European societies.



Tamadour Saleim
is a Community Health Advisor at the Wellspring Healthy Living Centre which is run by Bristol City Council. Her work is dedicated to promoting health and wellbeing, as well as to fostering community empowerment and social integration.



Amra Bone
teaches Islamic Studies and is a Muslim Chaplain at the University of Bristol. Having served on the Shariah Council at Birmingham Central Mosque for ten years, she is the only female Shariah Council panellist in Europe.



Zehra Haq
is the Chief Executive Officer of Dhek Bhal, a South Asian charity. She champions the causes of disadvantaged and vulnerable people in the South Asian community in Bristol and South Gloucestershire.



Nura Aabe
is full time postgraduate student at Bristol University studying Education in Psychology. She is founder of Autism Independence, a charity that raises awareness of autism and aims to empower and educate families affected by autism.



Saleha Hashmi
is a 23 year old Optometrist living and working in Bristol. She has a passion for art and a great interest in fitness and well-being.



Shabana Kausar
is a Muslim feminist and women's rights activist. She works on ending violence against women through training, campaigning and informing policy.



Nazmi Rana
is a qualified ACCA Accountant. She works part-time in the voluntary sector and has raised four children.



Sheila Joy Raymond El Dieb
left school at the age of 16 and worked at the University of Bristol for 11 years, before she achieved a long held dream and graduated with a BA Honours degree in Humanities in 2012. Over the last 10 years she has been working on community projects and volunteering with Bristol's Palestine Museum.



Muna Hassan
is one of the four girls who started the movement that grew into the charity Integrate Bristol. She has advised Ministers, met the Prime Minister and continues to be outspoken in her campaign to end gender inequality and 'the abuse of girls' rights.



Kalsoom Bashir
is Co-Director of Inspire, a non-governmental advocacy organisation working to counter extremism and gender inequality.



Shagufta K
is a poet, writer, theatre maker and workshop facilitator. She is a feminist whose work focuses on gender inequality, social injustice and giving voice to the marginalised experience.



Fahma Mohamed
is a student and trustee of Integrate Bristol. She launched a Guardian backed petition sent to Michael Gove, former Secretary of State for Education, asking him to write to all schools reminding him of their duty to safeguard girls from FGM, which attracted over 250,000 signatures in 2014.



Hannah Ahmed
volunteers with and works for Refugee Women of Bristol. She campaigns against Female Genital Mutilation with FORWARD, and is the secretary of the Somali Forum.



Naz Ahmed
is a University student and a lead peer educator at Integrate Bristol, travelling the country to raise awareness of FGM and gender based violence. She presented a BBC Inside Out documentary and is known for her political rapping in Integrate Bristol's music videos.



Sadia Rana
is 21 and has completed a degree in Social Sciences at the University of Bath, where she came top in her year. She is currently training to be a lawyer.



Suaad Walker
Since retiring, Suaad has been volunteering with Bristol Healthwatch and the Bristol Disability Equality Forum. She regularly participates in Multi-faith and Interfaith events and activities in Bristol.



Susan Arafah
was a lecturer at the Arab International University in Syria, and she now volunteers with Refugee Women Bristol.



Masuda Mian
is a retired doctor. She was the first Pakistani woman to sit on the bench at Bristol's Magistrate Court, where she served for 24 years.



Tasleem Kaurser
is a mother and full-time student in Social Sciences and Law at the University of Bristol. She works as a facilitator of social change through creativity, using a series of techniques, to engage women from diverse backgrounds to realise their potential.



Suad Abdullahi
is a campaigner for gender equality and social justice, and has contributed to developing citywide strategies to tackle gender equality in the skills and employment sector. She has worked with Bristol refugee/migrant communities over the last 10 years and is currently a Training Manager at Ashley Community Housing in Bristol and Birmingham.